

Ms. Rancourt is a certified Amherst **Writers & Artists (AWA)** trained workshop leader and affiliate. The method is not psychotherapy, meets the participant where they are at in their lives, is non-hierarchical (we are all artists), maintains professional Ethics and confidentiality of group participants, we focus on what is working; we never assume the writer and the narrator are the same. Applying the AWA methods with her years of experience, Ms. Rancourt creates and maintains a safe, respectful and confidential writing community. All genres and skill levels are welcome and benefit. If your goal is to publish work, we can assist in honing your work for that purpose.